

North of England Mental Health Development Unit

Happy New Year and welcome to the second issue of the North of England Mental Health Development Unit newsletter.

Now that we are well and truly into the new year and looking forward to the new shoots of spring, our thoughts are focused on new opportunities and brighter futures - and to this end we are working with colleagues in the North East to improve mental health services for armed forces veterans, and to support leadership development amongst mental health service users and carers.

We are also working hard to branch out beyond the North East and are in early discussions with colleagues in the North West and Yorkshire and Humber about how we can work together to improve the mental health and social wellbeing of people across the whole of the North of England.

We are also doing some reflecting - looking back at the commitments made

by delegates at the North East No Health without Mental Health conference held by our predecessor organisation in October last year.

Priorities for action were identified for each of the six objectives in the national mental health strategy *No Health without Mental Health*, along with suggestions of who should take the lead and who else should be involved. In addition, delegates made personal action pledges stating what they would do to support implementation of the strategy.

We'd love to hear what actions have been taken - it would be great to do a feature in a future issue of the newsletter to share good ideas and progress on implementing the mental health strategy across the North of England.

Looking forward to hearing from you - and very best wishes for 2012.

Dave Belshaw and Paul Johnson
Directors, NEMHDU



Supporting better mental health

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As promised in our first issue, we continue our 'Spotlight' feature this month with another of our Non-Executive Directors.

Spotlight on... Margaret Adams

Margaret had a 45 year career in health, social care and education, working in the Middle East, Europe and most areas of the UK, including Northern Ireland.

Margaret worked closely with unpaid family carers to promote inclusion and partnership at all levels on a local, regional and national basis. She has been responsible for the development of South Tyneside Carers Centre, from the research of carer needs in the early 1990's, remaining as an active Trustee today.



Margaret is Chair of Healthnet Public Health Forum in South Tyneside – which has been used as a model of good practice by the Department of Health in relation to public involvement. She is also chair of Bliss-Ability, working in partnership with the Local Authority, NHS South of Tyne and Wear NHS Trust and Northumberland, Tyne and Wear NHS Trust.

Margaret remains a key link actively working for change through the Models of Care Board, regional networks for mental health and the Princess Royal Trust for Carers – where she is Regional Policy Representative influencing national policy for carers through research, campaigning and lobbying to ensure Carers remain part of the government agenda, developing policy which will improve the lives of unpaid family carers.

Margaret has a track record in strategic thinking, leadership and public speaking, with the inclusion of carers as a mantra.

Speaking about joining the Board, Margaret said:

"I was delighted to join the board of the North of England Mental Health Development Unit and see my role as supporting the organisation to work with those who are caring for people with mental health problems - providing a link into and out of the organisation."

"I will also be helping to shape the decisions on any reinvestment of resources into the third sector by the NEMHDU social enterprise."

Leadership Development Programme for Service Users and Carers

Following previous successful leadership development programmes for the third sector and for mental health service users and carers, which were developed and delivered in partnership with the two mental health trusts in the North East and completed last summer, NEMHDU has been commissioned by the Social Inclusion Programme within NHS North East and the Department of Health Social Care Team to provide a further service user and carer leadership development programme in 2012. The programme was originally developed in partnership with Tees, Esk and Wear Valleys NHS Foundation Trust and has continued to evolve in response to feedback from participants.

Last year's service user and carer leadership development programme increased capacity and capability of service users and carers to ensure they are able to participate actively in the development, commissioning and monitoring of services - and this will continue to be a key objective of this year's programme.

These leadership development programmes began around six years ago and have proved consistently successful and increasingly popular across the North East - it is our hope to work with colleagues in the North West and Yorkshire and Humber to bring this opportunity to service users and carers and third sector workers across the whole of the North of England.

Policy News

The next few pages give a quick round-up of recent Department of Health policy announcements and publications, with links to the relevant pages on the Department of Health and partner organisation websites.

Framework agreement for NHS Commissioning Board Authority in place

27 January, 2012

The Department of Health and the NHS Commissioning Board Authority have jointly signed a framework agreement that sets out the relationship between the two organisations. The agreement covers roles and responsibilities and lines of accountability, and describes how the Department and the Authority will work together. <http://www.dh.gov.uk/health/2012/01/cb-framework/>

Public health outcomes framework sets out desired outcomes

23 January, 2012

The new [public health outcomes framework](#), which is published today, sets out the desired outcomes for public health and how these will be measured. The framework concentrates on two high-level outcomes to be achieved across the public health system. These are:

- increased healthy life expectancy
- reduced differences in life expectancy and healthy life expectancy between communities

Read more about the announcement at:

<http://www.dh.gov.uk/health/2012/01/future-for-public-health/>

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Policy News—continued

NHS to get £100m cash injection to improve services

January 16, 2012

Patients across the country will benefit as the NHS receives a cash injection of up to £100 million to boost services in their communities, Health Secretary Andrew Lansley announced today. The Department of Health is providing up to £100 million in additional funding to doctors in emerging Clinical Commissioning Groups (CCGs) to improve local services and reduce pressures on the NHS during the colder months. This is the first time these prospective clinical groups have been given money to spend on patient services. They will have £2 per head of population made available to them via their Primary Care Trust (PCT) cluster to spend this financial year. Read the full press release at:

<http://mediacentre.dh.gov.uk/2012/01/16/nhs-to-get-100m-cash-injection-to-improve-services>

Planning guide for public health transition published

13 January, 2012

To help the process of local decision-making around the public health transition, the Department and the Local Government Association have published a planning guide for local authorities and primary care trusts.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_132178

NHS Standard Contract 2012/13 (bilateral) published

10 January, 2012

The NHS Standard Contract 2012/13 (bilateral) is for use by commissioners when commissioning NHS funded acute, ambulance, community and mental health and learning disability services from all types of providers.

<http://www.dh.gov.uk/health/2012/01/standard-contract-bilateral/>

Government accepts new recommendations from NHS Future Forum

10 January, 2012

The Government has accepted the latest recommendations from the independent NHS Future Forum, Health Secretary Andrew Lansley announced today. The NHS Future Forum was asked to carry out conversations with health and care professionals, patients and service users and to provide independent advice on education and training, information, integrated care, and the NHS's role in the public's health. <http://www.dh.gov.uk/health/2012/01/forum-response>

Liberating the NHS: Developing the Healthcare workforce - From Design to Delivery

10 January, 2012

The policy framework for a new approach to workforce planning and the education and training of the health workforce is published today. It puts employers and professionals in the driving seat and gives them the national support they need to identify and anticipate the key workforce challenges, and to be flexible and responsive in planning and developing their workforce. The Department of Health believes these provider-led arrangements offer the best assurance for future-proofing the way the health and public health workforce is developed.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_132076

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Policy News—continued

Building the NHS Trust Development Authority

5 January, 2012

The Department of Health (DH) has outlined initial proposals about how the planned NHS Trust Development Authority (NTDA) will operate and how it will be organised. The proposals remain subject to Parliamentary approval, but the document provides a clear sense of direction to DH, NHS and Arm's Length Body staff who will work with and within this new organisation.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131776

New start date and more funding announced for local HealthWatch bodies

3 January, 2012

Further details on the establishment of local HealthWatch bodies, including a new start date and extra funding, have been set out by Health Minister Andrew Lansley. Following feedback from local authorities and Local Involvement Networks, they now have until April 2013 to work with local health experts and volunteers to establish the local HealthWatch. From next year, an additional £3.2m will also be made available to local authorities to establish local HealthWatch.

<http://www.dh.gov.uk/health/2012/01/local-healthwatch/>

Third annual report of National Oversight Group published

30 December, 2011

The third annual report of the National Oversight Group (NOG) for high secure psychiatric services is available. The NOG for high secure services brings together partners to provide oversight on service provision on behalf of the Secretary of State for Health.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/dh_132003

Children and Young People's Mental Health – recent developments

22 December, 2011

This letter issued jointly by Prof Dame Sally Davies (Chief Medical Officer); Dame Christine Beasley (Chief Nursing Officer); Dr Keith Ridge (Chief Pharmaceutical Officer) and Prof Sir Bruce Keogh (NHS Medical Director) highlights the publication of documents by the National Institute for Health and Clinical Excellence relating to improving mental health outcomes for children and young people.

Read the letter at:

[PL/CMO/2011/02, PL/CNO/2011/02, PL/CPHO/2011/02: Children and Young People's Mental Health – recent developments](PL/CMO/2011/02,_PL/CNO/2011/02,_PL/CPHO/2011/02:_Children_and_Young_People's_Mental_Health_-_recent_developments)

Guidance and toolkit for vulnerable adult interventions

22 December, 2011

The Building Partnerships, Staying Safe provides guidance and a toolkit for both healthcare organisations and frontline healthcare workers working with providing support and interventions for vulnerable individuals.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131911

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Policy News—continued

Social Care bulletin: December 2011, issue 19

20 December, 2011

This month's Social Care bulletin has Director General for Social Care, David Behan talking about engagement across the social care system and the National Dementia Strategy. The bulletin is more streamlined looking at key areas including carers, personalisation, mental health, children and families, training and development and an update on the Health and Wellbeing board implementation.

<http://socialcarebulletin.dh.gov.uk/2011/12/19/social-care-bulletin-december-2011-issue-19/>

Public health reform updates published

20 December, 2011

More details of the design of the new public health system, specifically the role and responsibilities of local government in public health, the operating model for the new executive agency Public Health England and an overview of how the whole system will work, have now been published.

<http://www.dh.gov.uk/health/2011/12/public-health-factsheets/>

Payment by Results – road test the 2012-13 package

15 December, 2011

The Payment by Results (PbR) road test exercise provides an opportunity for the NHS to test out the new tariff, and supports the planning process. The focus of the road test is to gather comments on the draft 2012-13 PbR guidance and PbR code of conduct. <http://www.dh.gov.uk/health/2011/12/pbr-2012-package/>

Primary care trust allocations announced

14 December, 2011

The revenue allocations for primary care trusts (PCTs) for 2012-13 are announced today. The total investment in local NHS services for 2012-13 is £91.6 billion an increase of £2.5 billion or 2.8 per cent

<http://www.dh.gov.uk/health/2011/12/pct-allocations/>

NHS Outcomes Framework – renewed focus on improving patient results

7 December, 2011

The updated NHS Outcomes Framework 2012/13 renews the focus on improving patient results. The NHS will be measured against a number of areas including whether a patient's treatment was successful, whether they were looked after well by NHS staff and whether they recovered quickly after treatment

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131700

JSNAs and joint health and wellbeing strategies explained

6 December, 2011

This document aims to support development of a joint health and wellbeing strategy - supporting the NHS, local government and emerging health and wellbeing boards as they engage with the refresh of Joint Strategic Needs Assessments (JSNA) and develop their strategy.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_131702